

Glimpse of my new ebook - 48 Magical tools of Bhaktamar

This book relates the miraculous benefits of chanting *Bhaktamar Stotras* (a footnote explaining what is Bhaktamar stotras?) and my personal experience with the extraordinary powers of *Bhaktamar shlokas* and their *Riddhis* and *Mantras* (A footnote explaining riddhis and mantras?). Never in my wildest dreams did I imagine exploring this field of mystic powers. I grew up watching my mother Smt. Manorama Jain chanting the *stotras* when someone fell ill and the person always recovered from his illness. She taught *mantras* to many people. In addition, she could predict people's futures by using our holy book *Jinvani*. (a footnote explaining *Jinvani*?) In this way, a number of people benefitted because of her kindness and helping nature.

Being part of a large joint family, I was always surrounded by aunts, uncles and cousins and on all auspicious occasions, an *akhand path* (maybe a footnote explaining what is *Akhand paath*?) of *Bhaktamar* was chanted continuously for twenty four hours. We cousins would wait our turns eagerly to chant the stotras and mantras on the mike, in different *layas* or rhythms all through the night. Although we did not know *Sanskrit*, we learnt *Bhaktamar* by playing LP record of *Bhaktamar Stotras* in *Sanskrit* and learnt it by heart. The *Akhand paath* was followed by various religious rituals including *havan* and *ahutis* of *mantras* and *riddhis*. (Footnote explaining these terms). The *panditji* would explain how a snake could be controlled by chanting a particular *shloka* and my cousins and I would look at each other and smile sarcastically and ask him more about the powers of the *shlokas*. He would go on giving other examples including how fire could be extinguished by chanting another *shloka*. As children we recited all 48 *shlokas* in different *layas* every single day and enjoyed doing this. Today, after having experimented with these *shlokas*, I can confidently say that whatever the holy priest said was true. (snake example to be swapped by fire example?)

According to Jain scriptures, Acharya Mantungacharyaji wrote *Bhaktamar Stotra* in *Stuti* (praise) of Lord Adinath. He wrote this in prison, as he was put behind bars by Raja Bhoj for not showing his mystic powers. Such was the power of his *Bhaktamar shlokas* that each of the forty eight prison locks unlocked miraculously one by one as he completed writing the *Stotras*. All the chains fell away as the guards and the king found Acharya *Mantungacharyaji* sitting under a tree.

About Dr. Manju Jain

Dr. Manju Jain is a spiritual healer and works through the Jain method of curing through the chanting of *shlokas* and *mantras*. Her spiritual healing revolves around the philosophy of having faith in God as an essential element in healing. Her immense faith in spiritual healing has cured incurable diseases - defying logic & science. A number of doctors have endorsed her unique style of spiritual healing and their miraculous results. This has brought relief to the suffering of innumerable patients. She has worked successfully on illnesses such as cancer, psoriasis, kidney failure, tuberculosis, skin problems and other ailments. Surprising results were seen on a patient suffering from the deflection in spinal cord, thus avoiding surgery on his spinal cord. In another case a patient suffering from throat cancer having lost his voice, had his voice restored

due to the intense spiritual healing process of Dr. Manju Jain. She attributes these phenomenal recoveries - not to any magic, but to the miraculous healing powers of the 48 *shloka mantras* of *Bhaktamar Stotra* and the faith of people in chanting these shlokas. She derives her energy, inspiration and enthusiasm from *Bhaktamar Stotra* and the Jain Philosophy of life, living and curing. She is a spiritual healer and has devoted her life to spreading the awareness of the amazing powers of *Bhaktamar stotra* for the betterment of human beings.

Dr. Manju Jain is also a Managing Trustee of the Indian Federation of Spiritual Scientists (IFSS) based in Bangalore. She is the Vice President of Integrated Healing Forum, Nagpur and associated with various spiritual organisations. She has attended and addressed a number of conferences on spirituality and related areas in India and abroad. She has written and compiled books like *Jaina Method of Curing, Saadhak - A Journey of Divine Image* (in English) which was also translated in French as *La Methode Curative Jaina*. Other books include, *Jainism and its Antiquity*, Mantra cards in English, French and in Hindi - based on *Bhaktamar Stotra*, *Mute Clay-* a bio epic of 108 Acharya Vidyasagarji and so on. She has also produced a documentary movie called "A Tale of Jain Saint" and an animated movie on Acharya Manatunga, the creator of *Bhaktamar Stotra*.

How to use the book?

Belief is the most important element when chanting the *Bhaktamar shlokas*. One has to have faith in this healing system. The *sholkas* have to be chanted with intensity and firm belief that one will be healed completely. It has already been established that reciting mantras causes the release of Serotonin, thereby increasing well-being and in particular melatonin which is known as anticarcinogenic agent along with building of immunity.

Dr. Manju Jain's system of treatment is based on sound vibrations, i.e. mantra therapy, combined with thought vibrations. She believes that this system of spiritual healing can cure all types of diseases. It is a drugless therapy and also works as a therapy for distance healing. For example, a person can chant a particular *shloka* and *mantra* for his relative/friend suffering from an illness in another city or country and still benefit from the chanting of the *shlokas*. Other successful examples include mothers chanting the 6th *shloka/ mantra* for the enhancement of IQ and memory skills for their children. The results have shown improved IQ and memory skills after the chanting of *mantra*.

The 48 *Bhaktamar shlokas* have healing powers and are used for a variety of purposes. Out of these, around fifty percent of *shlokas* deal with health issues. These range from the removal of headaches, curing of eye diseases and eyesight, leprosy, skin diseases including all types of abdominal pains, diarrhea, all kinds of gastro-intestinal tract diseases, curing of infertility, prevention of premature abortions, prevention and cure of cancer, improper functioning of kidneys, problems with spinal cord etc . Some *Bhaktamar shlokas* refer to worldly issues like getting a job or wanting a promotion in a job, abundance in terms of wealth- e.g. clearing of debts, having more prosperity and being successful etc. Yet other shlokas refer to the removal

of all types of fears like fear of theft, bankruptcy, death and other emotional issues. Finally, some *shlokas* deal with turbulences created by the spirit world.

Who can chant?

- People who seek and are in need of healing or help can chant the *shlokas* and *mantras* themselves.
- Caregivers, particularly family members and loved ones who desire to see their relatives/friends healed or get help.

How to chant?

After having identified your issue/concern/problem, think about it before you begin the chanting of the relevant *shloka* and *mantra* connected with the issue.

- Keep the yantra (mystic diagram in gold) in front of you and concentrate on it while you chant.
- Chant the shlokas and mantra from the card /picture in front of you.
- Chant the shlokas (9 times) along with the mantra (108 times) continuously, till you feel it's vibration within your being.
- Although, one can chant the mantra at any time, if possible chant the mantras in the morning hours between 4:00-6:00 am, as this time is proven to be the most effective for healing. One can also chant in the evenings between 5:00-7:00pm.
- The cycle of chanting must be for 21 days continuously to get best results.
- In addition, having food without salt for 21 days is recommended for even better results. (Saltless food can be consumed by either the patient, or the person chanting the mantras.)
- The patient or the person chanting can listen to the *shlokas* and *mantras* at night. In addition, one can listen while travelling or during free time so that the mantra is deeply ingrained in the subconscious mind.
- Links for audios/videos: Free downloads for mantra cards in English/Hindi from website: www.drmanjujain.com
Free downloads for testimonials/interviews and chanting for health, wealth and education by Lisa are available on: www.bhaktamarhealing.com
Free downloads for details of shlokas/mantras/evidential stories, visit: www.jainismbasics.blogspot.com

Precaution: Women should avoid touching the book and yantras during their menstrual cycle. However, one can chant in the mind, if learnt by heart. If the menstrual cycle falls during the time period of chanting the shlokas, the chanting should be discontinued for those days and resumed once the menstrual cycle is over.

