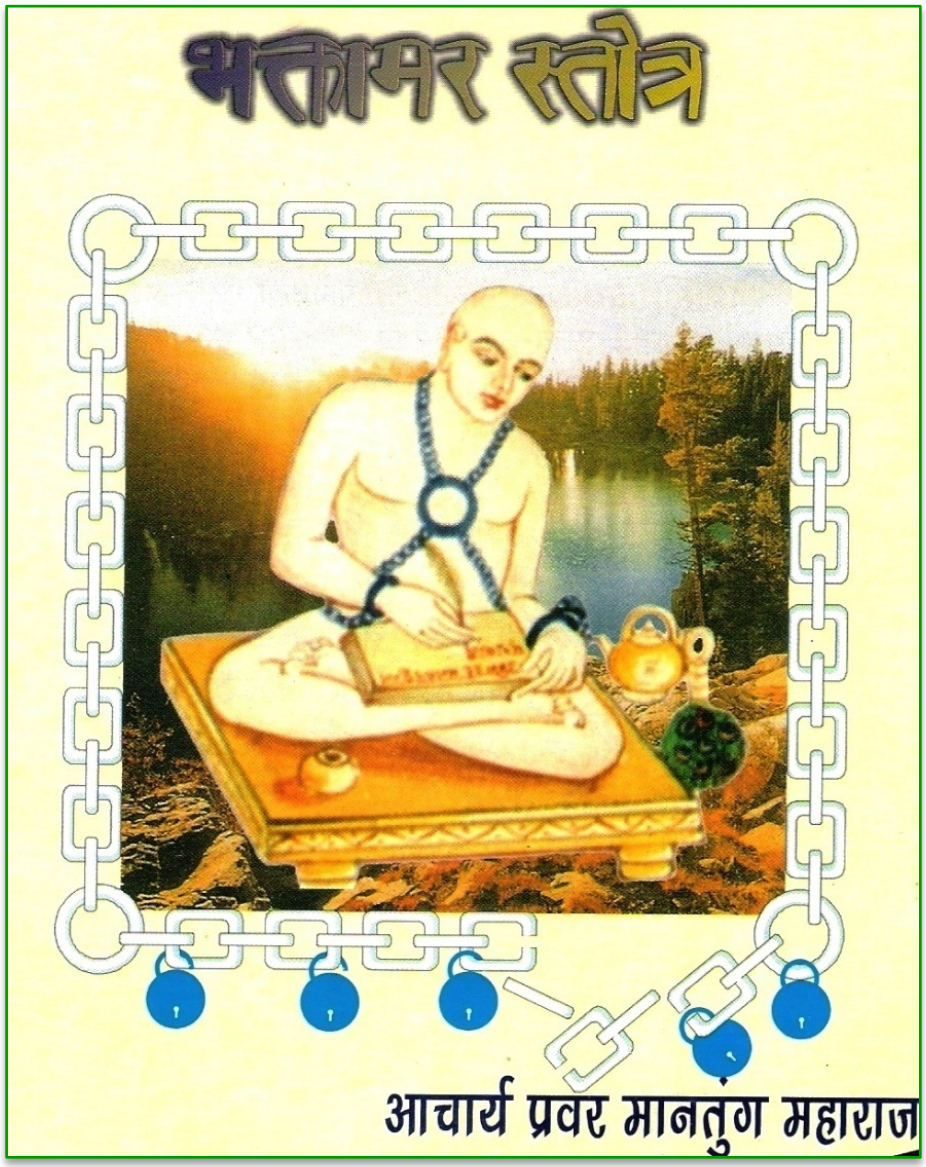
PRESENTATION ON JAINA METHOD OF CURING & EFFECT OF MANTRA CHANTING

By Dr. Manju Jain
Spiritual Healer, Nagpur.



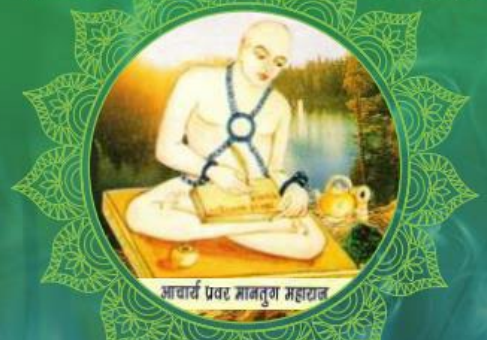
Bhaktamar Program Creator and Owner:
Acharya Mantunga Maharaj

International School for Jain Studies

अहिंसा परमो धर्मः

JAINA

METHOD OF CURING



PROF. HERMANN JACOBI, Dr. Phil. and Lit.

(A German Renowned Philosopher in 1875)

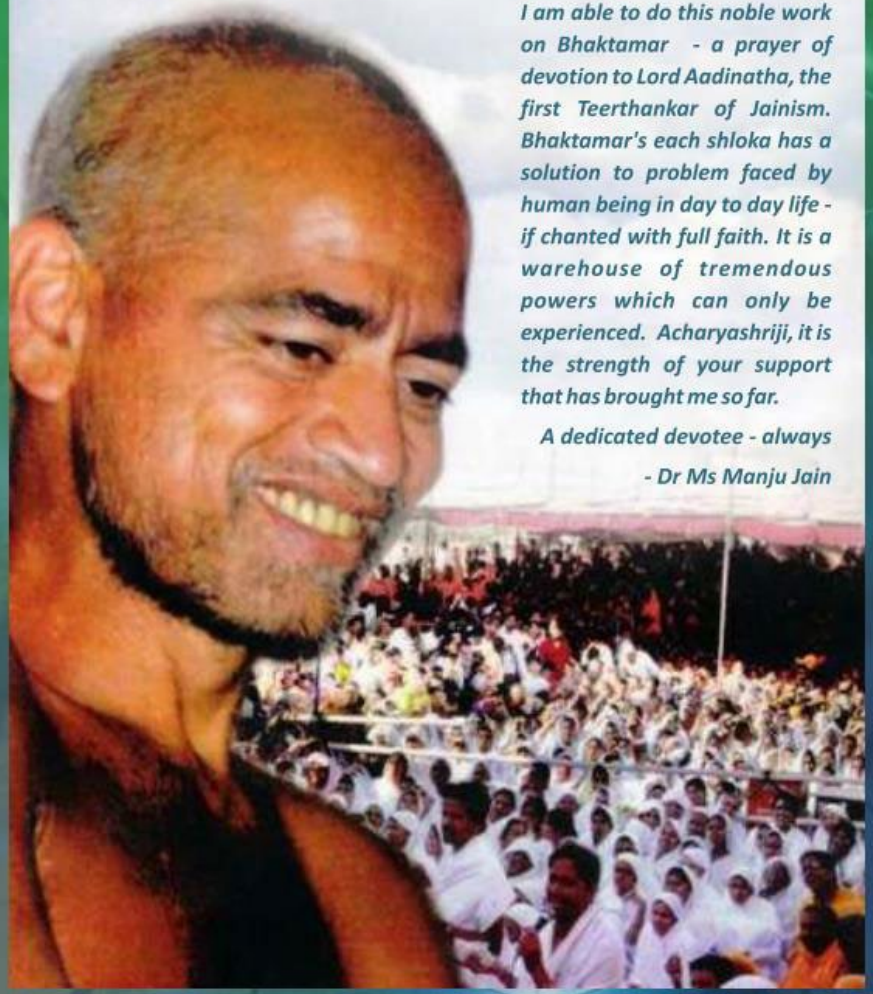
"Among the almost numberless productions of the ecclesiastical muse Maantunga's Bhaktamar Stotra has held during many centuries, the foremost rank by the unanimous consent of the Jainas. And, it fully deserves its great popularity by its religious pathos and the beauty of the diction... Acharya Maantunga writes in the flowery style of classical Sanskrit poetry. Besides being a work of devotion, the Bhaktamar Stotra has also the character of a prayer for help in the dangers and trials under which men suffer. It is perhaps this particular trait which greatly endeared the Bhaktamar Stotra to the heart of the faithful."

Dr. Mrs Manju Jain (Ph.D.) - Jainism Method of Curing with a special reference to Bhaktamar
Indian Governing Council Member
International Summer School for Jain Studies
D 28, Panchsheel Enclave, NEW DELHI - 110 017. INDIA
Tel : 91-11-2649 1228 Mob : 91-98181 39000 E-mail : svana@vsnl.com Visit us : www.jainstudies.org

IMPORTANT NOTICE :

This being a spiritual and highly sacred '*Stotra*' this should be recited observing the utmost sanctity and purity by constantly minding that no '*ASHATANA*' takes place thereby. It should be recited in a pure, pious and clean place and mostly in the morning hours between 4-00 am and 9-00 am. An aspiring heart, a conscious and concentrated mind, a clean serene peaceful place, a burning of the Incense stick, a spell of silence and possibly early morning hours - "*the Arit Vela*" helps one to get into the spirit of this immortalizing *Stotra* and to get the best out of it. Ladies are advised NOT TO RECITE THESE STOTRA'S WHEN IN MENSTRUATION.

This book is dedicated to Acharya Shri Vidhyasagarji Maharaj....



This book is a tribute to my Guru 108 Acharya Vidhyasagarji Maharaj with whose blessings I am able to do this noble work on Bhaktamar - a prayer of devotion to Lord Aadinatha, the first Teerthankar of Jainism. Bhaktamar's each shloka has a solution to problem faced by human being in day to day life - if chanted with full faith. It is a warehouse of tremendous powers which can only be experienced. Acharyashriji, it is the strength of your support that has brought me so far.

A dedicated devotee - always

- Dr Ms Manju Jain

Release of Book "JAINA METHOD OF CURING" on 28th January 2011
at Russian Culture Centre, Silver Jubilee 25th World Congress
of Medicina Alternativa, Peace, Science & Spirituality held in Mumbai

Hon. Dame Dr Master Meher-Moos releasing the book "Jaina Method of Curing"

Abstract No. 828 - IPOS APOS 2015, WORLD CONGRESS ON PSYCHO-ONCOLOGY
28 July -1 August 2015 WASHINGTON, DC USA

Clinical Research on Bhaktamar Therapy

P1 - 240

ABSTRACT 828

"Effect of Mantra Chanting on terminally ill Cancer patients"

Quality of Life - objective (QOL):
Quality if Life questionnaire was filled on date of start of chanting.
Then, again it was filled in by these patients after 21 days.
The difference of total of QOL between 2 dates showed significant improvement +10 was result achieved on an average.

Visual Analogous Scale of Pain - objective :
On Pain scale (unpleasant emotions), there was improvement of 5 points (from 7 points it decreased to 2) without morphine drugs.

Emotional Stability - subjective :
From Denial stage (1st stage) reached to Acceptance stage (last 4th stage) in most of the cases.

Spiritual Upliftment – subjective :
Detachment from body, family and world, with connect to soul and away from materialistic life.

Symbol of Bhaktamar

Acharya Mantungacharya Bhaktamar Stotra

Dr. Manju Jain
Ph.D in Jain Method of Curing,
Director, International School for Jain Studies, Nagpur
Visit : www.drmanjujain.com, www.bhaktamarhealing.com,
www.jainstmbasics.blogspot.com
email : sundeepmanju@gmail.com Mobile : + 91 - 98223 66419
Add.: Jain's, 5 C, New Colony, Nagpur. Maharashtra - 440 013 INDIA

FOREWORD

She believes that FAITH IN GOD IS AN ESSENTIAL ELEMENT FOR SPIRITUAL HEALING. The patients who had faith in her and her system recovered more rapidly - than those who were not even aware that, she was giving them distance healing treatment. But, even from those who were not aware, the persons who had faith in God recovered faster.

Her systematic presentation of this ancient Jain wisdom - for the universal benefit of humanity has been done - for the first time in the English language. Further, she plans to publish it in French and Russian translations, as well. She believes that, the benefit of Jain Mantras is meant for the whole of Humanity worldwide. She believes that, every human being whether Jain or follower of any other faith can benefit from this mantra therapy system.

With noble and pious aim, she has undertaken the task of publishing her research thesis in the format of a BOOK, so that the mantras can be made easily available to all persons - anywhere.

May the BLESSINGS OF ALL THE JAIN TEERTHANKARS AND ALL THE GOOD AND HOLY DEPARTED SOULS BE BESTOWED ON DR MS MANJU JAIN TO HELP HER TO ACCOMPLISH HER NOBLE PURPOSE.

I wish her all success in her endeavours and GIVE HER MY BLESSINGS.

- Dr. Prof. Meher Master-Moos,
President, Zoroastrian College, Mumbai,
September 12, 2010 : Savansapri Paryusan : Jain Festival Day

Ms Manju Jain receving her Ph.D. from Hon. Counsalate Chief of the U.S.S.R. in Mumbai in thedistinguished presence of Hon. Dame Dr Master Meher-Moos

RECOGNITION BHAKTAMAR MANTRA HEALING

Poster presentation at APOS 2015

Dr Shakun Maka Gupta
(MD Internal Medicine, Howard County, Maryland
Associated with Johns Hopkins Medicine, Baltimore)

Pres. International Psycho-Onchology Society Dr Luzia Travado from Lisbon

Abstract No. 9295 - IPOS 2014, 15 th World Congress on Onco-psychology LISBON Portugal

Clinical Research on Drugless Therapy

Title:- Is chanting shloka an effective cure for cancer and other incurable disease?

Objective – The study objective was to know whether chanting of 45th Shloka of Bhaktamar Stotra is an effective cure for cancer and other incurable disease ?

Hypothesis –By chanting mantra melatonin is released, effect of melatonin as anti carcinogenic agent as given by Dr Ringe Singh. It may bust immune system to correct the cancerous cells to normal.

Healing Sound has rhythmic effect by Dr ML Gavnor MD oncologist.

Recitation also inhibits cancerous cell metabolism there by production of poisonous protein substance gradually becomes less and lesser.

Snehachal Palliative Care Center, Nagpur, Maharashtra, India

In field of Hospice & Palliative Care we honor Dr. Anne Merriman, Founder & Director, International Programmes, Hospice Africa, Uganda, nominated for Nobel Peace Prize

Motto of Snehachal

We can not cure you. But, We can certainly take care of you!

What is the purpose of Study:

This is a Clinical Research on Drugless Therapy which is One of The Millennium Goals of United Nations

A Drugless therapy is similar to Biosimilar but the drug does not have physical form and has been approved by various Doctors as Complimentary medicine to Improve Quality of Life of Individuals suffering from Dreadful disease.

Life saving mechanism restoring health and peace.

The side effects are tranquility and peace.

The purpose of this Clinical research study is to show that the Study Drug- 45th Shloka -A cure for Incurable disease

Criteria:

The approach of this therapy is based upon the activation of Endogenous repairing mechanism or compensatory mechanism achieved by recitation of some Mantras from Bhaktamar, by generating a complete faith in the remedial value of the employed therapy.

As this does not involve use of any Drug or Nutraceuticals. This does not come in the ambit of Drug and Cosmetic Act year 1948.

So the question of getting any approval from any FDA or Drug controlling Authority does not arise.

(It also does not come under Magic Drug Act - proven it is magical trait curing Incurable diseases supported by Clinical Evidences and Certification by Renowned Oncologist Dr. Ajay Mehta, Central India Cancer Research Institute, Nagpur, Maharashtra, India)

Abstract No. 6295 - IPOS 2014, 18 th World Congress on Onco-psychology LISBON Portugal

Clinical Research on Drugless Therapy

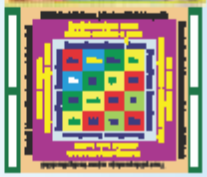
Title:- Is chanting shloka an effective cure for cancer and other incurable diseases?

45 th shloka relates to incurable disease

Udbhuta bhishana jalodara bhara bhugnah,
shochyam dasha mupagata schuta jivitasha
Twat pada pankaja rajamrita digdha deha
Martya bhavanti dhvaja tulya rupa. 45

Meaning

Person who is suffering from dreadful disease, ascites, a type of Cancer liver, stomach, breast, ovary in which stomach bloats up, with lost hope of life and in pathetic state attain good health (becomes like Cupid) by chanting shloka and applying holy water of yantra.



Yantra

Mantra

Om namo Bhagwatī kshudropadrava-shāntikarinī roga
kashtajwaropashamanam shātim kuru kuru swāhā
Om hrim Bhagwaté Bhayabhishanahardya namah

Interventional Study on effect of chanting 45th Shloka –

A cure for Incurable disease.

Participants : All 4th stage of cancer patients.

Study Period 21 days - One cycle Review after one month

Intervention Dose : 9 times chanting of 45 th shloka

Inclusion Criteria : cancer of any kind

Exclusion Criteria: patients having do not believe in faith healing.

Physicians monitoring : Spiritually evolved Medical doctors & nurses Snehachal palliative Care Centre

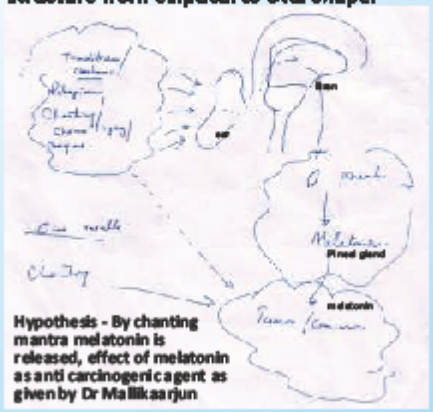
Final Review : assessment of effect/improvement after 3 month.

Scope :

The study will highlight the result of Spiritual healing by chanting 45th shloka of Bhaktamar- A cure for Incurable, especially Cancer.

Mechanism:

The powerful sound waves enter your subconscious mind and heal the cells- acts like anti cancer drug changing molecular structure from elliptical to oval shape.



Hypothesis - By chanting mantra melatonin is released, effect of melatonin as anti carcinogenic agent as given by Dr Mallikaarjun

Abstract No. 0295 - IPOS 2014, 18 th World Congress on Onco-psychology LISBON Portugal

Clinical Research on Drugless Therapy

Title:- Is chanting shloka an effective cure for cancer and other incurable diseases?

Comparative Study of Group of 20 Patients with chanting Vs Patients without chanting

Results: Out of these 40 patients only 14 Survived therefore date on survivors (n=14)only was analyzed in Palliative care of terminally ill cancer patients.

Comparative Study of Group of Patients with chanting (17th July to 5th August 2014) Vs Patients without chanting (22nd Aug'14 to 5th Sep'14)

date	cancer	group	age	sex	site	life-date	pretotal	postnos	outcome/delta/pos
[illegible]	[illegible]	1	[illegible]	[illegible]	[illegible]	A	302	71	31 [illegible]
23.07.14	DHIRAJ	1	57 MALE	LM	TC		[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	1	[illegible]	[illegible]	A		[illegible]	37	-10 [illegible]
[illegible]	[illegible]	1	[illegible]	[illegible]	[illegible]		80	80	17 [illegible]
23.07.17	SATISH	1	56 MALE	UU	A		[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	1	[illegible]	[illegible]	A		[illegible]	62	30 [illegible]
23.07.14	SAGAR	1	42 MALE	UL	AL		[illegible]	[illegible]	[illegible]
				With chanting					-95
22.03.14	LALITA	2	54 FEMALE	LM	AV		[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	2	[illegible]	[illegible]	[illegible]		[illegible]	[illegible]	5 [illegible]
[illegible]	[illegible]	2	[illegible]	[illegible]	[illegible]		[illegible]	[illegible]	[illegible]
23.03.14	SOHAN K	2	52 MALE	UL	TC, AL		[illegible]	71	5 [illegible]
[illegible]	[illegible]	2	[illegible]	[illegible]	A		[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	2	[illegible]	[illegible]	A		[illegible]	[illegible]	[illegible]
22.03.14	CHITRA K	2	53 FEMALE	UL	A		72	[illegible]	-22 [illegible]
				Without chanting					- 98

A patient in hospice Therapy helps recreate this relaxed and peaceful mood!

Four parameters are studied:

1) Quality of Life -objective

Quality if Life questionnaire was filled on date of start of chanting. Then again it was answered after 21 days by patients. The difference of total of QOL between 2 dates showed significant improvement +14 (details given) was result achieved on an average.

2) Analogues Scale of Pain-objective

On pain scale there was improvement of 5 points from 7 it decreased to 2 without morphine drug.

3) Emotional Stability-subjective

From Denial stage reached to acceptance stage in most of the cases.

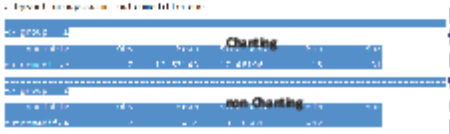
4)Spiritual Upliftment-subjective

Detachment from body, family and world, connecting to soul

Results

Significant Difference was seen among 14 patients out of 40 who survived Patient with chanting showed + 14 & patient NON chanting showed - 14

Result:- Data on 14 patients (7 from Chanting group and 7 from Non - Chanting group)



Reported higher Quality of life through final Course of their illness.

Conclusion: A remarkable improvement was seen in chanting group verses non-chanting a score of approximately +14 improvement in QOL

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Clinical Research on Drugless Therapy
Title:- Is chanting shloka an effective cure for cancer and other incurable diseases?
Acknowledgments
Dr Suresh Ughade, M Sc, Ph.D, Asst. Professor in Community Medicine Department, Govt. Medical College Nagpur Study under guidance of Doctors and Clinical Psychologist.
Dr.Abhishekh Vaidya
Oncosurgeon (Head & Neck)
Dr. Ajay Mehta, M.S. FACS
Central India Cancer Research Institute
Mr. Saviour Vila
Clinical Psychologist
Palliative Care in Terminally Ill Cancer Patients
Best Case Vs Worst Case Study : Scenario
Best Case Study
Chanting
71 years old
Survived
No Chemotherapy
Worst Case
Non- Chanting
35 years old
Died
Required Chemotherapy
Jittle Palliative Care in Terminally ill cancer Patients in Hospice
Best Cases Vs. Worst Case Scenario
NAME OF PATIENT
NAME OF DOCTOR/HOSPITAL
DIAGNOSIS
Miss. Kanchan Bhujate, 14 years old, Acute lymphoblastic leukemia patient brought from Hospice to Central India Cancer Research Institute, Nagpur
Dr. Suchitra Mehta
CERTIFICATE
368

Mantra Course conducted for Teaching Faculty Staff of Orange City College Institute of Social Work at Nagpur.

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Tel : 91-11-2649 1228 Mob : 91-98181 39000
E-mail : svana@vsnl.com Visit us : www.jainstudies.org

CERTIFICATE

Date: 29 April 2011

This is to certify that ***Head & Prof. Vijaya Laxmi J. Nandapurkar***

has completed one month course on Mantra Healing, at Orange City College of Social Work, Nagpur.

She has successfully completed the course in Mantra Healing.

Rank	Maximum Marks	Marks Obtained	Percentage	Grade
I	50	45.5	91%	Distinction

Dr. Manju Jain
(Programme co-ordinator)

Dr. Shugan Jain
(Chairman)

Dr. Nandini Jathar
(Education Dept. IHI & Ex- Vice Chancellor ITM University)

Visualization and Mantras

Mantras are certain powerful words which when repeated several times bring a change in the energy of the person using it. We have seen earlier in the book that thoughts and words can change the molecular structure of the body [Masaru Emoto], which means that when you are using a mantra for health you are actually affirming good health to your body and thereby transforming the diseased cells to healthy cells. There are mantras and prayers in all religions which are used for different purposes. There are mantras for health, wealth, relationships, peace, to find a lost person or thing and many other issues of life. In these stressful times I have known a lot of people who have complete faith in Mantras, it gives the person saying the mantras complete Faith that he will heal.

I personally believe that if you add visualization while repeating your mantras it will certainly enhance the healing. There have been some patients who do not want to use any religious mantras, I ask them to repeat some affirmations which are related to their issues or probems and make it their mantra. In some of my seminars I have given these affirmations to the participants to be repeated atleast 5 times in the morning as soon as they wake up,"I am fine, I am healthy, All is well in my world, Thank you God," and have asked them to visualize them, as they repeat it. They have made these affirmations their mantras and feel a change in their lives. They begin their day with this positive energy which attracts positivity in everything they do throughout the day.

Docteur Manju Jain,

SPECIALISTE EN GUERISON SPIRITUELLE

INTERNATIONAL SCHOOL FOR JAIN STUDIES

Le Dr Manju Jain et Lisa Silvestre souhaitent soutenir le projet de la Maison d'Enfants " Le Libre Progrès" / Communauté de New Creation- Auroville. Ce projet soutient l'accueil d'enfants des villages autours d'Auroville, et permet la satisfaction de leurs fondamentaux et leur scolarisation.

Website: www.lelibreprogres.over-blog.com

Golden Memories

Conducted 3 International Conferences
Mission Heal 2010-11
under aegis of
Integrated Healing Forum

In collaboration with
INDIAN FEDERATION OF SPIRITUAL SCIENTISTIS

and in association with
NEW AGE DOCTORS AND HEALERS ASSOCIATION

and
THE WORLD UNITED

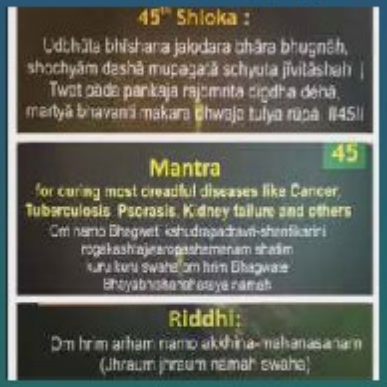
Vice- President -
Dr Mr Manju Jain
Integrated Healing Forum
109, Farmland, Opp. Dagadi Park, Ramdaspeth,
Nagpur - 440015. INDIA.
Visit us : www.integratedhealingforum.org
E-mail : integrated_healingforum@rediffmail.com

LA METHODE CURATIVE JAINA

Traduction des mantras : Lisa Silvestre, Nagpur
le 12/04/2014

Jaina Method of Curing Highlights in Booklet form, translated in French, by Ms Lisa Silvestre
This effort was co-ordinated by Dr Ms Manju Jain at Nagpur

Links of Audios in Dr Manju Jain's voice



Bhaktamar Stotra: 1st Shloka for Destoying all Disturbances by Dr. Manju Jain
https://www.youtube.com/watch?v=xusiU3snLDQ
Bhaktamar Stotra: 2nd Shloka for Removing Headache by Dr. Manju Jain
https://www.youtube.com/watch?v=ToAtHCiJQOs
Bhaktamar Stotra: 3rd Shloka for Improving Eyesight by Dr. Manju Jain
https://www.youtube.com/watch?v=tSVotsg2W-8
Bhaktamar Stotra: 5th Shloka for curing eye diseases by Dr. Manju Jain
https://www.youtube.com/watch?v=ToXnHM2HuZI
Bhaktamar Stotra: 6th Shloka for enhancement of IQ and memory by Dr Manju Jain
https://www.youtube.com/watch?v=eFV_die7vZs

Dr. Manju Jain addressing 1500 Pre-Medical students
on drugless therapy - (mantra healing)
one of the millennium goals of United Nations
at Renowned Allen coaching institute, Kota (Rajastan)